

**CAPE TOWN - RETREAT VIA CAPE FLATS**

**MONDAYS TO FRIDAYS**

CAPE TOWN PLATFORM NO.	15	14	13	15	** 7	12	16	15	13	13
TRAIN NO.	0501	0503	0505	0507	0109	0509	0511	0513	0515	0517
CAPE TOWN	05:02	05:20	05:34	05:50	05:58	06:05	06:12	06:21	06:37	06:54
WOODSTOCK	05:05	05:23	05:37	05:53	06:01	06:08	06:15	06:24	06:40	06:57
SALT RIVER	05:08	05:26	05:40	05:56	06:04	06:11	06:18	06:27	06:43	07:00
KOEBERG RD	05:10	05:28	05:42	05:58	06:06	06:13	06:20	06:29	06:45	07:02
MAITLAND	05:12	05:30	05:44	06:00	06:08	06:15	06:22	06:31	06:47	07:04
NDABENI	05:15	05:33	05:47	06:03	06:11	06:18	06:25	06:34	06:50	07:07
PINELANDS	05:18	05:36	05:50	06:06	06:14	06:21	06:28	06:37	06:53	07:10
HAZENDAL	05:20	05:38	05:52	06:08	06:16	06:23	06:30	06:39	06:55	07:12
ATHLONE	05:23	05:41	05:55	06:11	06:19	06:26	06:33	06:42	06:58	07:15
CRAWFORD	05:25	05:43	05:57	06:13	06:21	06:28	06:35	06:44	07:00	07:17
LANSDOWNE	05:27	05:45	05:59	06:15	06:23	06:30	06:37	06:46	07:02	07:19
WETTON	05:30	05:48	06:02	06:18	06:26	06:33	06:40	06:49	07:05	07:22
OTTERY	05:32	05:50	06:04	06:20	06:28	06:35	06:42	06:51	07:07	07:24
SOUTHFIELD	05:36	05:54	06:08	06:24	06:32	06:39	06:46	06:55	07:11	07:28
HEATHFIELD	05:40	05:58	06:12	06:28	06:36	06:43	06:50	06:59	07:15	07:32
RETREAT					06:38		06:52			

**\*\* Train operates from Cape Town to Fish Hoek.**

**CAPE TOWN - RETREAT VIA CAPE FLATS**

**MONDAYS TO FRIDAYS**

<b>CAPE TOWN PLATFORM NO.</b>	<b>13</b>	<b>15</b>	<b>13</b>	<b>13</b>	<b>14</b>	<b>14</b>	<b>13</b>	<b>15</b>	<b>13</b>	<b>15</b>
<b>TRAIN NO.</b>	<b>0519</b>	<b>0521</b>	<b>0523</b>	<b>0525</b>	<b>0527</b>	<b>0529</b>	<b>0531</b>	<b>0533</b>	<b>0535</b>	<b>0537</b>
<b>CAPE TOWN</b>	07:10	07:26	07:38	07:57	08:29	09:03	09:50	10:40	11:30	12:25
<b>WOODSTOCK</b>	07:13	07:29	07:41	08:00	08:32	09:06	09:53	10:43	11:33	12:28
<b>SALT RIVER</b>	07:16	07:32	07:44	08:03	08:35	09:09	09:56	10:46	11:36	12:31
<b>KOEBERG RD</b>	07:18	07:34	07:46	08:05	08:37	09:11	09:58	10:48	11:38	12:33
<b>MAITLAND</b>	07:20	07:36	07:48	08:07	08:39	09:13	10:00	10:50	11:40	12:35
<b>NDABENI</b>	07:23	07:39	07:51	08:10	08:42	09:16	10:03	10:53	11:43	12:38
<b>PINELANDS</b>	07:26	07:42	07:54	08:13	08:45	09:19	10:06	10:56	11:46	12:41
<b>HAZENDAL</b>	07:28	07:44	07:56	08:15	08:47	09:21	10:08	10:58	11:48	12:43
<b>ATHLONE</b>	07:31	07:47	07:59	08:18	08:50	09:24	10:11	11:01	11:51	12:46
<b>CRAWFORD</b>	07:33	07:49	08:01	08:20	08:52	09:26	10:13	11:03	11:53	12:48
<b>LANSDOWNE</b>	07:35	07:51	08:03	08:22	08:54	09:28	10:15	11:05	11:55	12:50
<b>WETTON</b>	07:38	07:54	08:06	08:25	08:57	09:31	10:18	11:08	11:58	12:53
<b>OTTERY</b>	07:40	07:56	08:08	08:27	08:59	09:33	10:20	11:10	12:00	12:55
<b>SOUTHFIELD</b>	07:44	08:00	08:12	08:31	09:03	09:37	10:24	11:14	12:04	12:59
<b>HEATHFIELD</b>	07:48	08:04	08:16	08:35	09:07	09:41	10:28	11:18	12:08	13:03
<b>RETREAT</b>					09:09	09:43	10:30	11:20	12:10	13:05

**As of 20 December 2009**

**MONDAYS TO FRIDAYS**

CAPE TOWN PLATFORM NO.	13	* 15	14	13	15	* 14	13	14	14	15
TRAIN NO.	0539	0541	0543	0545	0547	0549	0551	0553	0555	0557
CAPE TOWN	13:05	13:35	14:00	14:30	14:58	15:08	15:30	15:50	16:11	16:22
WOODSTOCK	13:08	13:38	14:03	14:33	15:01	15:11	15:33	15:53	16:14	16:25
SALT RIVER	13:11	13:41	14:06	14:36	15:04	15:14	15:36	15:56	16:17	16:28
KOEBERG RD	13:13	13:43	14:08	14:38	15:06	15:16	15:38	15:58	16:19	16:30
MAITLAND	13:15	13:45	14:10	14:40	15:08	15:18	15:40	16:00	16:21	16:32
NDABENI	13:18	13:48	14:13	14:43	15:11	15:21	15:43	16:03	16:24	16:35
PINELANDS	13:21	13:51	14:16	14:46	15:14	15:24	15:46	16:06	16:27	16:38
HAZENDAL	13:23	13:53	14:18	14:48	15:16	15:26	15:48	16:08	16:29	16:40
ATHLONE	13:26	13:56	14:21	14:51	15:19	15:29	15:51	16:11	16:32	16:43
CRAWFORD	13:28	13:58	14:23	14:53	15:21	15:31	15:53	16:13	16:34	16:45
LANSDOWNE	13:30	14:00	14:25	14:55	15:23	15:33	15:55	16:15	16:36	16:47
WETTON	13:33	14:03	14:28	14:58	15:26	15:36	15:58	16:18	16:39	16:50
OTTERY	13:35	14:05	14:30	15:00	15:28	15:38	16:00	16:20	16:41	16:52
SOUTHFIELD	13:39	14:09	14:34	15:04	15:32	15:42	16:04	16:24	16:45	16:56
HEATHFIELD	13:43	14:13	14:38	15:08	15:36	15:46	16:08	16:28	16:49	17:00
RETREAT	13:45	14:15	14:40	15:10						

\* As of 18 January 2010

As of 20 December 2009

**CAPE TOWN - RETREAT VIA CAPE FLATS**

**MONDAYS TO FRIDAYS**

<b>CAPE TOWN PLATFORM NO.</b>	<b>14</b>	<b>13</b>	<b>12</b>	<b>14</b>	<b>13</b>	<b>12</b>	<b>15</b>	<b>13</b>	<b>14</b>	<b>12</b>
<b>TRAIN NO.</b>	<b>0559</b>	<b>0561</b>	<b>0563</b>	<b>0565</b>	<b>0567</b>	<b>0569</b>	<b>0571</b>	<b>0573</b>	<b>0575</b>	<b>0577</b>
<b>CAPE TOWN</b>	16:34	16:46	16:57	17:14	17:26	17:40	17:56	18:15	18:50	19:22
<b>WOODSTOCK</b>	16:37	16:49	17:00	17:17	17:29	17:43	17:59	18:18	18:53	19:25
<b>SALT RIVER</b>	16:40	16:52	17:03	17:20	17:32	17:46	18:02	18:21	18:56	19:28
<b>KOEBERG RD</b>	16:42	16:54	17:05	17:22	17:34	17:48	18:04	18:23	18:58	19:30
<b>MAITLAND</b>	16:44	16:56	17:07	17:24	17:36	17:50	18:06	18:25	19:00	19:32
<b>NDABENI</b>	16:47	16:59	17:10	17:27	17:39	17:53	18:09	18:28	19:03	19:35
<b>PINELANDS</b>	16:50	17:02	17:13	17:30	17:42	17:56	18:12	18:31	19:06	19:38
<b>HAZENDAL</b>	16:52	17:04	17:15	17:32	17:44	17:58	18:14	18:33	19:08	19:40
<b>ATHLONE</b>	16:55	17:07	17:18	17:35	17:47	18:01	18:17	18:36	19:11	19:43
<b>CRAWFORD</b>	16:57	17:09	17:20	17:37	17:49	18:03	18:19	18:38	19:13	19:45
<b>LANSDOWNE</b>	16:59	17:11	17:22	17:39	17:51	18:05	18:21	18:40	19:15	19:47
<b>WETTON</b>	17:02	17:14	17:25	17:42	17:54	18:08	18:24	18:43	19:18	19:50
<b>OTTERY</b>	17:04	17:16	17:27	17:44	17:56	18:10	18:26	18:45	19:20	19:52
<b>SOUTHFIELD</b>	17:08	17:20	17:31	17:48	18:00	18:14	18:30	18:49	19:24	19:56
<b>HEATHFIELD</b>	17:12	17:24	17:35	17:52	18:04	18:18	18:34	18:53	19:28	20:00
<b>RETREAT</b>			17:37						19:30	20:02

**As of 20 December 2009**