

CAPE TOWN TO LANGA - LAVISTOWN - KAPTEINSKLIP - CHRIS HANI																							
MONDAY TO FRIDAY																							
CAPE TOWN PLATFORM NO.	16	17	19	20		16	17	20	16	16	19	20	18	15	19	18	16	20	18	17	21	CAPE TOWN PLATFORM NO.	
TRAIN NO.	9501	9911	9003	9913		9503	9915	9007	9505	9507	9009	9917	9011	9509	9919	9013	9511	9921	9015	9513	9923	TRAIN NO.	
CAPE TOWN	05:00	05:05	05:08	05:35		05:40	06:00	06:12	06:10	06:30	06:39	06:40	06:47	06:52	07:05	07:10	07:22	07:30	07:40	07:52	08:00	CAPE TOWN	
WOODSTOCK	05:03	F	05:43	06:13	06:33	06:55	07:25	07:55	..	WOODSTOCK	
SALT RIVER	05:06	O	05:46	06:16	06:36	06:58	07:28	07:58	..	SALT RIVER	
KOEBERG RD	05:08	M	05:48	06:18	06:38	07:00	07:30	08:00	..	KOEBERG RD	
MAITLAND	05:11	U	05:51	06:21	06:41	07:03	07:33	08:03	..	MAITLAND	
NDABENI	05:14	T	05:54	06:24	06:44	07:06	07:36	08:06	..	NDABENI	
PINELANDS	05:16	U	05:56	06:26	06:46	07:08	07:38	08:08	..	PINELANDS	
ESPLANADE	..	05:09	05:12	05:39	A	..	06:04	06:16	06:44	06:51	..	07:09	07:14	..	07:34	07:44	..	08:04	ESPLANADE	
PAARDENEILAND	L	PAARDENEILAND
YSTERPLAAT	..	05:13	05:16	05:43	..	06:08	06:20	06:48	06:55	..	07:13	07:18	..	07:38	07:48	..	08:08	YSTERPLAAT	
MUTUAL	..	05:18	05:21	05:48	05:55	..	06:13	06:25	06:51	06:53	07:00	..	07:18	07:23	..	07:43	07:53	..	08:13	MUTUAL	
LANGA	05:21	05:23	05:26	05:53	06:00	06:01	06:18	06:30	06:31	06:51	06:56	06:58	07:05	07:13	07:23	07:28	07:43	07:48	07:58	08:13	08:18	LANGA	
BONTEHEUWEL	A	05:24	05:26	05:29	05:56	06:03	06:04	06:21	06:33	06:34	06:54	06:59	07:01	07:08	07:16	07:26	07:31	07:46	07:51	08:01	08:16	08:21	BONTEHEUWEL
	D	05:25	05:27	05:30	05:57	06:04	06:05	06:22	06:34	06:35	06:55	07:00	07:02	07:09	07:17	07:27	07:32	07:47	07:52	08:02	08:17	08:22	
NETREG	05:28	06:30	..	06:00	..	06:08	06:25	..	06:38	06:58	..	07:05	..	07:20	07:30	..	07:50	07:55	..	08:20	08:25	NETREG	
HEIDEVELD	05:31	05:33	..	06:03	..	06:11	06:28	..	06:41	07:01	..	07:08	..	07:23	07:33	..	07:53	07:58	..	08:23	08:28	HEIDEVELD	
NYANGA	05:35	05:37	..	06:07	..	06:15	06:32	..	06:45	07:05	..	07:12	..	07:27	07:37	..	07:57	08:02	..	08:27	08:32	NYANGA	
PHILIPPI	05:39	05:42	..	06:12	..	06:19	06:37	..	06:49	07:09	..	07:17	..	07:31	07:42	..	08:01	08:07	..	08:31	08:37	PHILIPPI	
LENTEGEUR	A	05:44	06:24	06:54	07:14	07:36	08:06	08:36	..	LENTEGEUR	
	D	05:45	06:25	06:55	07:15	07:37	08:07	08:37	..		
MITCHELLS PL.	05:48	06:28	06:58	07:18	07:40	08:10	08:40	..	MITCHELLS PL.	
KAPTEINSKLIP	05:51	06:31	07:01	07:21	07:43	08:13	08:43	..	KAPTEINSKLIP	
STOCK ROAD		05:45	..	06:15	..		06:40	07:20	..		07:45	..		08:10	..		08:40	STOCK ROAD	
MANDALAY	A	05:47	..	06:17	..		06:42	07:22	..		07:47	..		08:12	..		08:42	MANDALAY	
	D	05:48	..	06:18	..		06:43	07:23	..		07:48	..		08:13	..		08:43		
NOLUNGILE		05:51	..	06:21	..		06:46	07:26	..		07:51	..		08:16	..		08:46	NOLUNGILE	
NONKUBELA		05:54	..	06:24	..		06:49	07:29	..		07:54	..		08:19	..		08:49	NONKUBELA	
KHAYELITSHA		05:58	..	06:28	..		06:53	07:33	..		07:58	..		08:23	..		08:53	KHAYELITSHA	
KUYASA		06:02	..	06:32	..		06:57	07:37	..		08:02	..		08:27	..		08:57	KUYASA	
CHRIS HANI		06:06	..	06:36	..		07:01	07:41	..		08:06	..		08:31	..		09:01	CHRIS HANI	
LAVISTOWN			05:35	06:09			06:39				07:05		07:14			07:37			08:07			LAVISTOWN	
BELHAR			05:39	06:13			06:43				07:09		07:18			07:41			08:11			BELHAR	
UNIBELL			05:42	06:16			06:46				07:12		07:21			07:44			08:14			UNIBELL	
PENTECH			05:45	06:19			06:49				07:15		07:24			07:47			08:17			PENTECH	
SAREPTA			05:48	06:22			06:52				07:18		07:27			07:50			08:20			SAREPTA	
BELLVILLE			05:54	06:28			06:58				07:23		07:33			07:56			08:26			BELLVILLE	

CAPE TOWN TO LANGA - LAVISTOWN - KAPTEINSKLIP - CHRIS HANI																							
MONDAY TO FRIDAY																							
CAPE TOWN PLATFORM NO.	18	16	21	16	19	21	17	16	20	17	16	19	17	20	18	16	20	16	20	19	16	CAPE TOWN PLATFORM NO.	
TRAIN NO.	9017	9515	9925	9517	9019	9927	9519	9521	9929	9021	9523	9931	9525	9933	9023	9527	9935	9529	9937	9025	9531	TRAIN NO.	
CAPE TOWN	08:10	08:15	08:30	08:35	08:45	09:00	09:05	09:30	09:35	09:40	10:00	10:05	10:30	10:35	10:50	11:00	11:05	11:35	11:35	11:50	12:05	CAPE TOWN	
WOODSTOCK	..	08:18	..	08:38	09:08	09:33	10:03	..	10:33	11:03	..	11:38	12:08	WOODSTOCK	
SALT RIVER	..	08:21	..	08:41	09:11	09:36	10:06	..	10:36	11:06	..	11:41	12:11	SALT RIVER	
KOEBERG RD	..	08:23	..	08:43	09:13	09:38	10:08	..	10:38	11:08	..	11:43	12:13	KOEBERG RD	
MAITLAND	..	08:26	..	08:46	09:16	09:41	10:11	..	10:41	11:11	..	11:46	12:16	MAITLAND	
NDABENI	..	08:29	..	08:49	09:19	09:44	10:14	..	10:44	11:14	..	11:49	12:19	NDABENI	
PINELANDS	..	08:31	..	08:51	09:21	09:46	10:16	..	10:46	11:16	..	11:51	12:21	PINELANDS	
ESPLANADE	08:14	..	08:34	..	08:49	09:04	09:39	09:44	..	10:09	..	10:39	10:54	..	11:09	..	11:39	11:54	..	ESPLANADE	
PAARDENEILAND	PAARDENEILAND	
YSTERPLAAT	08:18	..	08:38	..	08:53	09:08	09:43	09:48	..	10:13	..	10:43	10:58	..	11:13	..	11:43	11:58	..	YSTERPLAAT	
MUTUAL	08:23	..	08:43	..	08:58	09:13	09:48	09:53	..	10:18	..	10:48	11:03	..	11:18	..	11:48	12:03	..	MUTUAL	
LANGA	08:28	08:36	08:48	08:56	09:03	09:18	09:26	09:51	09:53	09:58	10:21	10:23	10:51	10:53	11:08	11:21	11:23	11:56	11:53	12:08	12:26	LANGA	
BONTEHEUWEL	A D	08:31 08:32	08:39 08:40	08:51 08:52	08:59 09:00	09:06 09:07	09:21 09:22	09:29 09:30	09:54 09:55	09:56 09:57	10:01 10:02	10:24 10:25	10:26 10:27	10:54 10:55	10:56 10:57	11:11 11:12	11:24 11:25	11:26 11:27	11:59 12:00	11:56 11:57	12:11 12:12	12:29 12:30	BONTEHEUWEL
NETREG	..	08:43	08:55	09:03	..	09:25	09:33	09:58	10:00	..	10:28	10:30	10:58	11:00	..	11:28	11:30	12:03	12:00	..	12:33	NETREG	
HEIDEVELD	..	08:46	08:58	09:06	..	09:28	09:36	10:01	10:03	..	10:31	10:33	11:01	11:03	..	11:31	11:33	12:06	12:03	..	12:36	HEIDEVELD	
NYANGA	..	08:50	09:02	09:10	..	09:32	09:40	10:05	10:07	..	10:35	10:37	11:05	11:07	..	11:35	11:37	12:10	12:07	..	12:40	NYANGA	
PHILIPPI	..	08:54	09:07	09:14	..	09:37	09:44	10:09	10:12	..	10:39	10:42	11:09	11:12	..	11:39	11:42	12:14	12:12	..	12:44	PHILIPPI	
LENTEGEUR	A D	..	08:59	..	09:19	09:49	10:14	10:44	..	11:14	11:44	..	12:19	12:49	LENTEGEUR
MITCHELLS PL.	..	09:00	..	09:20	09:50	10:15	10:45	..	11:15	11:45	..	12:20	12:50	MITCHELLS PL.	
KAPTEINSKLIP	..	09:03	..	09:23	09:53	10:18	10:48	..	11:18	11:48	..	12:23	12:53	KAPTEINSKLIP	
STOCK ROAD	..	09:06	..	09:26	09:56	10:21	10:51	..	11:21	11:51	..	12:26	12:56	STOCK ROAD	
MANDALAY	A D	..	09:10	..	09:40	10:15	10:45	..	11:15	11:45	..	12:15	12:45	MANDALAY	
NOLUNGILE	..	09:12	..	09:42	10:17	10:47	..	11:17	11:47	..	12:17	12:47	NOLUNGILE	
NONKUBELA	..	09:13	..	09:43	10:18	10:48	..	11:18	11:48	..	12:18	12:48	NONKUBELA	
KHAYELITSHA	..	09:16	..	09:46	10:21	10:51	..	11:21	11:51	..	12:21	12:51	KHAYELITSHA	
KUYASA	..	09:19	..	09:49	10:24	10:54	..	11:24	11:54	..	12:24	12:54	KUYASA	
CHRIS HANI	..	09:23	..	09:53	10:28	10:58	..	11:28	11:58	..	12:28	12:58	CHRIS HANI	
LAVISTOWN	08:37	09:12	10:36	11:06	..	11:36	12:06	..	12:36	12:36	LAVISTOWN	
BELHAR	08:41	09:16	10:11	10:17	..	10:47	11:17	..	11:47	12:17	BELHAR	
UNIBELL	08:44	09:19	10:14	10:14	..	10:44	11:14	..	11:44	12:14	UNIBELL	
PENTECH	08:47	09:22	10:17	10:17	..	10:47	11:17	..	11:47	12:17	PENTECH	
SAREPTA	08:50	09:25	10:20	10:20	..	10:50	11:30	..	12:00	12:30	SAREPTA	
BELLVILLE	08:56	09:31	10:26	10:26	..	10:56	11:36	..	12:06	12:36	BELLVILLE	

CAPE TOWN TO LANGA - LAVISTOWN - KAPTEINSKLIP - CHRIS HANI																						
MONDAY TO FRIDAY																						
CAPE TOWN PLATFORM NO.	20	16	20	19	20	16	20	16	19	20	16	18	20	16	18	17	20	16	18	17	CAPE TOWN PLATFORM NO.	
TRAIN NO.	9939	9533	9941	9027	9943	9535	9945	9537	9029	9947	9539	9031	9949	9541	9033	9543	9951	9353	9035	9545	TRAIN NO.	
CAPE TOWN	12:10	12:35	12:40	12:55	13:10	13:12	13:40	13:40	13:55	14:10	14:15	14:22	14:35	14:40	14:50	15:00	15:05	15:18	15:24	15:25	CAPE TOWN	
WOODSTOCK	..	12:38	13:15	..	13:43	14:18	14:43	..	15:03	..	15:21	..	15:28	WOODSTOCK	
SALT RIVER	..	12:41	13:18	..	13:46	14:21	14:46	..	15:06	..	15:24	..	15:31	SALT RIVER	
KOEBERG RD	..	12:43	13:20	..	13:48	14:23	14:48	..	15:08	..	15:26	..	15:33	KOEBERG RD	
MAITLAND	..	12:46	13:23	..	13:51	14:26	14:51	..	15:11	..	15:29	..	15:36	MAITLAND	
NDABENI	..	12:49	13:26	..	13:54	14:29	14:54	..	15:14	..	15:32	..	15:39	NDABENI	
PINELANDS	..	12:51	13:28	..	13:56	14:31	14:56	..	15:16	..	15:34	..	15:41	PINELANDS	
ESPLANADE	12:14	..	12:44	12:59	13:14	..	13:44	..	13:59	14:14	..	14:26	14:39	..	14:54	..	15:09	..	15:28	..	ESPLANADE	
PAARDENEILAND	PAARDENEILAND	
YSTERPLAAT	12:18	..	12:48	13:03	13:18	..	13:48	..	14:03	14:18	..	14:30	14:43	..	14:58	..	15:13	..	15:32	..	YSTERPLAAT	
MUTUAL	12:23	..	12:53	13:08	13:23	..	13:53	..	14:08	14:23	..	14:35	14:48	..	15:03	..	15:18	..	15:37	..	MUTUAL	
LANGA	12:28	12:56	12:58	13:13	13:28	13:33	13:58	14:01	14:13	14:28	14:36	14:40	14:53	15:01	15:08	15:21	15:23	15:40	15:42	15:46	LANGA	
BONTEHEUWEL	A D	12:31 12:32	12:59 13:00	13:01 13:02	13:16 13:17	13:31 13:32	13:36 13:37	14:01 14:02	14:04 14:05	14:16 14:17	14:31 14:32	14:39 14:40	14:43 14:44	14:56 14:57	15:04 15:05	15:11 15:12	15:24 15:25	15:26 15:27	15:43 15:44	15:45 15:46	15:49 15:50	BONTEHEUWEL
NETREG	12:35	13:03	13:05	..	13:35	13:40	14:05	14:08	..	14:35	14:43	..	15:00	15:08	..	15:28	15:30	15:47	..	15:53	NETREG	
HEIDEVELD	12:38	13:06	13:08	..	13:38	13:43	14:08	14:11	..	14:38	14:46	..	15:03	15:11	..	15:31	15:33	15:50	..	15:56	HEIDEVELD	
NYANGA	12:42	13:10	13:12	..	13:42	13:47	14:12	14:15	..	14:42	14:50	..	15:07	15:15	..	15:35	15:37	15:54	..	16:00	NYANGA	
PHILIPPI	12:47	13:14	13:17	..	13:47	13:51	14:17	14:19	..	14:47	14:54	..	15:12	15:19	..	15:39	15:42	15:59	..	16:04	PHILIPPI	
LENTEGEUR	A D	.. 13:20	.. 13:20 13:57	14:24 14:25 15:00	14:59 15:00 15:25	.. 15:25	.. 15:45	15:44 15:45 16:10	LENTEGEUR	
MITCHELLS PL.	..	13:23	14:00	..	14:28	15:03	15:28	..	15:48	16:13	MITCHELLS PL.	
KAPTEINSKLIP	..	13:26	14:03	..	14:31	15:06	15:31	..	15:51	16:16	KAPTEINSKLIP	
STOCK ROAD	12:50	..	13:20	..	13:50	..	14:20	14:50	15:15	15:45	16:02	STOCK ROAD	
MANDALAY	A D	12:52 12:53	.. 13:23	.. 13:53	.. 14:23	.. 14:53	.. 15:18	.. 15:21	14:52 14:56	.. 15:21	15:17 15:24	.. 15:24	.. 15:27	.. 15:30	15:47 15:48	16:04 16:05	MANDALAY	
NOLUNGILE	12:56	13:26	..	13:56	14:26	..	14:56	15:24	15:24	15:51	16:08	NOLUNGILE	
NONKUBELA	12:59	13:29	..	13:59	14:29	..	14:59	15:28	15:28	15:54	16:11	NONKUBELA	
KHAYELITSHA	13:03	13:33	..	14:03	14:33	..	15:03	15:32	15:32	15:58	16:15	KHAYELITSHA	
KUYASA	13:07	13:37	..	14:07	14:37	..	15:07	15:36	15:36	16:02	16:19	KUYASA	
CHRIS HANI	13:11	13:41	..	14:11	14:41	..	15:11	15:11	15:36	16:06	16:24	CHRIS HANI	
LAVISTOWN	13:22	14:22	14:49	15:17	15:51	..	LAVISTOWN	
BELHAR	13:26	14:26	14:53	15:21	15:55	..	BELHAR	
UNIBELL	13:29	14:29	14:56	15:24	15:58	..	UNIBELL	
PENTECH	13:32	14:32	14:59	15:27	16:01	..	PENTECH	
SAREPTA	13:35	14:35	15:02	15:30	16:04	..	SAREPTA	
BELLVILLE	13:41	14:41	15:08	15:36	16:10	..	BELLVILLE	

CAPE TOWN TO LANGA - LAVISTOWN - KAPTEINSKLIP - CHRIS HANI																				
MONDAY TO FRIDAY																				
CAPE TOWN PLATFORM NO.	19	16	20	18	21	17	16	21	18	17	#	16	17	19	20	17	18	16	#	CAPE TOWN PLATFORM NO.
TRAIN NO.	9953	9547	9955	9037	9213	9357	9549	9403	9039	9551	9959	9553	9361	9217	9405	9555	9041	9363	9219	TRAIN NO.
CAPE TOWN	15:32	15:40	15:45	15:50	15:52	15:55	16:00	16:07	16:15	16:15	16:20	16:20	16:28	16:33	16:40	16:40	16:45	16:43	16:50	CAPE TOWN
WOODSTOCK	..	15:43	15:58	16:03	16:18	..	16:23	16:31	16:43	..	16:46	..	WOODSTOCK
SALT RIVER	..	15:46	16:01	16:06	16:21	..	16:26	16:34	16:46	..	16:49	..	SALT RIVER
KOEBERG RD	..	15:48	16:03	16:08	16:23	..	16:28	16:36	16:48	..	16:51	..	KOEBERG RD
MAITLAND	..	15:51	16:06	16:11	16:26	..	16:31	16:39	16:51	..	16:54	..	MAITLAND
NDABENI	..	15:54	16:09	16:14	16:29	..	16:34	16:42	16:54	..	16:57	..	NDABENI
PINELANDS	..	15:56	16:11	16:16	16:31	..	16:36	16:44	16:56	..	16:59	..	PINELANDS
ESPLANADE	15:36	..	15:49	15:54	15:56	16:11	16:19	..	16:24	16:37	16:44	..	16:49	..	16:54	ESPLANADE
PAARDENEILAND	PAARDENEILAND
YSTERPLAAT	15:40	..	15:53	15:58	16:00	16:15	16:23	..	16:28	16:41	16:48	..	16:53	..	16:58	YSTERPLAAT
MUTUAL	15:45	..	15:58	16:03	16:05	16:20	16:28	..	16:33	16:46	16:53	..	16:58	..	17:03	MUTUAL
LANGA	15:50	16:01	16:03	16:08	16:10	16:17	16:21	16:25	16:33	16:36	16:38	16:41	16:49	16:51	16:58	17:01	17:03	17:05	17:08	LANGA
BONTEHEUWEL	A D	15:53 15:54	16:04 16:05	16:06 16:07	16:11 16:12	16:13 16:14	16:20 16:21	16:28 16:29	16:36 16:37	16:39 16:40	16:41 16:42	16:44 16:45	16:52 16:53	16:54 16:55	17:01 17:02	17:04 17:05	17:06 17:07	17:08 17:09	17:11 17:12	BONTEHEUWEL
NETREG	15:57	16:08	16:10	..	16:17	16:24	16:28	16:32	..	16:43	16:45	16:48	16:56	16:59	17:05	17:08	..	17:12	17:15	NETREG
HEIDEVELD	16:00	16:11	16:13	..	16:20	16:27	16:31	16:35	..	16:46	16:48	16:51	16:59	17:02	17:08	17:11	..	17:15	17:18	HEIDEVELD
NYANGA	16:04	16:15	16:17	..	16:24	16:31	16:35	16:39	..	16:50	16:52	16:55	17:03	17:06	17:12	17:15	..	17:19	17:22	NYANGA
PHILIPPI	16:09	16:19	16:22	..	16:28	16:36	16:39	16:44	..	16:54	16:57	16:59	17:08	17:10	17:17	17:19	..	17:24	17:26	PHILIPPI
LENTEGEUR	A D	..	16:24	..	16:33	..	16:44	16:59	..	17:04	..	17:15	..	17:24	17:31	LENTEGEUR
MITCHELLS PL.	..	16:25	16:34	..	16:45	17:00	..	17:05	..	17:16	..	17:25	17:32	MITCHELLS PL.
KAPTEINSKLIP	..	16:28	16:37	..	16:48	17:03	..	17:08	..	17:18	..	17:28	17:35	KAPTEINSKLIP
STOCK ROAD	16:12	..	16:25	16:38	..	16:47	17:00	..	17:10	..	17:20	17:26	17:28	STOCK ROAD
MANDALAY	A D	16:14	..	16:27	..	16:40	..	16:49	17:02	..	17:12	..	17:22	17:28	17:28	MANDALAY
NOLUNGILE	16:15	..	16:28	16:41	..	16:50	17:03	..	17:13	..	17:23	17:29	17:32	NOLUNGILE
NONKUBELA	16:18	..	16:31	16:44	..	16:53	17:06	..	17:16	..	17:26	17:32	17:32	NONKUBELA
KHAYELITSHA	16:21	..	16:34	16:47	..	16:56	17:09	..	17:19	..	17:29	17:35	17:39	KHAYELITSHA
KUYASA	16:25	..	16:38	16:51	..	17:00	17:13	..	17:23	..	17:33	17:39	17:43	KUYASA
CHRIS HANI	16:29	..	16:42	16:55	17:17	..	17:27	17:43	17:47	CHRIS HANI
LAVISTOWN	16:34	..	16:46	16:17	16:42	17:12	..	17:12	LAVISTOWN
BELHAR	16:21	16:46	17:16	..	17:16	BELHAR
UNIBELL	16:24	16:49	17:19	..	17:19	UNIBELL
PENTECH	16:27	16:52	17:22	..	17:22	PENTECH
SAREPTA	16:30	16:55	17:25	..	17:25	SAREPTA
BELLVILLE	16:36	17:01	17:31	..	17:31	BELLVILLE

- NOT RUNNING ON FRIDAYS

CAPE TOWN TO LANGA - LAVISTOWN - KAPTEINSKLIP - CHRIS HANI																						
MONDAY TO FRIDAY																						
CAPE TOWN PLATFORM NO.	#	21	16	20	19	17	K/X	21	18	16	20	15	16	17	18	#	16	20	17	16	19	CAPE TOWN PLATFORM NO.
TRAIN NO.	9963	9557	9965	9221	9367	9995	9043	9559	9969	9561	9563	9371	9045	9989	9565	9973	9567	9375	9223	TRAIN NO.		
CAPE TOWN	16:55	17:00	17:03	17:10	17:10	17:15	17:20	17:20	17:30	17:30	17:37	17:45	17:50	F	17:53	18:05	18:10	18:20	18:25	CAPE TOWN		
WOODSTOCK	..	17:03	17:13	17:23	..	17:33	17:40	17:48	..	R	17:56	..	18:13	18:23	..	WOODSTOCK		
SALT RIVER	..	17:06	17:16	17:26	..	17:36	17:43	17:51	..	O	17:59	..	18:16	18:26	..	SALT RIVER		
KOEBERG RD	..	17:08	17:18	17:28	..	17:38	17:45	17:53	..	M	18:01	..	18:18	18:28	..	KOEBERG RD		
MAITLAND	..	17:11	17:21	17:31	..	17:41	17:48	17:56	..	M	18:04	..	18:21	18:31	..	MAITLAND		
NDABENI	..	17:14	17:24	17:34	..	17:44	17:51	17:59	..	U	18:07	..	18:24	18:34	..	NDABENI		
PINELANDS	..	17:16	17:26	17:36	..	17:46	17:53	18:01	..	U	18:09	..	18:26	18:36	..	PINELANDS		
ESPLANADE	16:59	..	17:07	17:14	17:24	..	17:34	17:54	A	..	18:09	18:29	ESPLANADE		
PAARDENEILAND	L	PAARDENEILAND		
YSTERPLAAT	17:03	..	17:11	17:18	17:28	..	17:38	17:58	18:13	18:33	YSTERPLAAT		
MUTUAL	17:08	..	17:16	17:23	..	17:27	17:33	..	17:43	18:03	18:18	18:38	MUTUAL		
LANGA	17:13	17:21	17:21	17:28	17:34	..	17:38	17:41	17:48	17:51	17:58	18:07	18:08	18:15	18:14	18:23	18:31	18:42	18:43	LANGA		
BONTEHEUWEL	A 17:16	17:24	17:24	17:31	17:37	..	17:41	17:44	17:51	17:54	18:01	18:10	18:11	18:18	18:17	18:26	18:34	18:45	18:46	BONTEHEUWEL		
	D 17:17	17:25	17:25	17:32	17:38	..	17:42	17:45	17:52	17:55	18:02	18:11	18:12	18:19	18:18	18:27	18:35	18:46	18:47			
NETREG	17:20	17:28	17:28	17:36	17:41	..	17:48	17:55	17:58	18:05	18:14	..	18:23	18:21	18:30	18:38	18:49	18:51	18:51	NETREG		
HEIDEVELD	17:23	17:31	17:31	17:39	17:44	17:38	..	17:51	17:58	18:01	18:08	18:17	..	18:26	18:24	18:33	18:41	18:52	18:54	HEIDEVELD		
NYANGA	17:27	17:35	17:35	17:43	17:48	17:41	..	17:55	18:02	18:05	18:12	18:21	..	18:30	18:28	18:37	18:45	18:56	18:58	NYANGA		
PHILIPPI	17:32	17:39	17:40	17:47	17:53	..	17:59	18:07	18:09	18:16	18:26	..	18:34	18:32	18:42	18:49	19:01	19:02	19:02	PHILIPPI		
LENTEGEUR	A ..	17:44	..	17:52	18:04	..	18:14	18:21	18:37	..	18:54	..	19:06	19:06	LENTEGEUR		
	D ..	17:45	..	17:53	18:05	..	18:15	18:22	18:38	..	18:55	..	19:07	19:07			
MITCHELLS PL.	..	17:48	..	17:55	18:08	..	18:18	18:25	18:41	..	18:58	..	19:10	19:10	MITCHELLS PL.		
KAPTEINSKLIP	..	17:51	..	17:58	18:11	..	18:21	18:28	18:44	..	19:01	..	19:13	19:13	KAPTEINSKLIP		
STOCK ROAD	17:35	..	17:43	..	17:56	17:48	18:10	18:28	..	18:36	..	18:45	..	19:03	19:03	M	STOCK ROAD	
MANDALAY	A 17:37	..	17:45	..	17:58	17:51	18:12	18:30	..	18:38	..	18:47	..	19:05	19:05	O	MANDALAY	
	D 17:38	..	17:46	..	17:59	17:52	18:13	18:31	..	18:39	..	18:48	..	19:06	19:06	N		
NOLUNGILE	17:41	..	17:49	..	18:02	18:16	18:34	..	18:42	..	18:51	..	19:09	19:09	T	NOLUNGILE	
NONKUBELA	17:44	..	17:52	..	18:05	18:19	18:37	..	18:45	..	18:54	..	19:12	19:12	O	NONKUBELA	
KHAYELITSHA	17:48	..	17:56	..	18:09	17:58	18:23	18:41	..	18:49	..	18:58	..	19:16	19:16	T	KHAYELITSHA	
KUYASA	17:52	..	18:00	..	18:13	18:27	18:45	..	18:53	..	19:02	..	19:20	19:20	H	KUYASA	
CHRIS HANI	17:56	..	18:04	..	18:17	18:31	18:49	..	18:57	..	19:06	..	19:24	19:24	U	CHRIS HANI	
LAVISTOWN													18:17								LAVISTOWN	
BELHAR									17:47												O	BELHAR
UNIBELL									17:51												N	UNIBELL
PENTECH									17:54												L	PENTECH
SAREPTA									17:57												L	SAREPTA
BELLVILLE									18:00												L	BELLVILLE
									18:06												Y	

- NOT RUNNING ON FRIDAYS

CAPE TOWN TO LANGA - LAVISTOWN - KAPTEINSKLIP - CHRIS HANI											
MONDAY TO FRIDAY											
CAPE TOWN PLATFORM NO.	18	17	20	20	17	18	20	16	19	16	CAPE TOWN PLATFORM NO.
TRAIN NO.	9047	9569	9977	9979	9571	9049	9981	9573	9983	9575	TRAIN NO.
CAPE TOWN	18:30	18:35	18:34	19:05	19:00	19:10	19:38	19:40	20:25	20:18	CAPE TOWN
WOODSTOCK	..	18:38	19:03	19:43	..	20:21	WOODSTOCK
SALT RIVER	..	18:41	19:06	19:46	..	20:24	SALT RIVER
KOEBERG RD	..	18:43	19:08	19:48	..	20:26	KOEBERG RD
MAITLAND	..	18:46	19:11	19:51	..	20:29	MAITLAND
NDABENI	..	18:49	19:14	19:54	..	20:32	NDABENI
PINELANDS	..	18:51	19:16	19:56	..	20:34	PINELANDS
ESPLANADE	18:34	..	18:38	19:09	..	19:14	19:42	..	20:29	..	ESPLANADE
PAARDENEILAND	PAARDENEILAND
YSTERPLAAT	18:38	..	18:42	19:13	..	19:18	19:46	..	20:33	..	YSTERPLAAT
MUTUAL	18:43	..	18:47	19:18	..	19:23	19:51	..	20:38	..	MUTUAL
LANGA	18:48	18:56	18:52	19:23	19:21	19:28	19:56	20:01	20:43	20:39	LANGA
BONTEHEUWEL	A 18:51	18:59	18:55	19:26	19:24	19:31	19:59	20:04	20:46	20:42	BONTEHEUWEL
	D 18:52	19:00	18:56	19:27	19:25	19:32	20:00	20:05	20:47	20:43	
NETREG	..	19:03	18:59	19:30	19:28	..	20:03	20:08	20:50	20:46	NETREG
HEIDEVELD	..	19:06	19:02	19:33	19:31	..	20:06	20:11	20:53	20:49	HEIDEVELD
NYANGA	..	19:10	19:06	19:37	19:35	..	20:10	20:15	20:57	20:53	NYANGA
PHILIPPI	..	19:14	19:11	19:42	19:39	..	20:15	20:19	21:02	20:57	PHILIPPI
LENTEGEUR	A ..	19:19	19:44	20:24	..	21:02	LENTEGEUR
	D ..	19:20	19:45	20:25	..	21:03	
MITCHELLS PL.	..	19:23	19:48	20:28	..	21:06	MITCHELLS PL.
KAPTEINSKLIP	..	19:26	19:51	20:31	..	21:09	KAPTEINSKLIP
STOCK ROAD	19:14	19:45	20:18	..	21:05	..	STOCK ROAD
MANDALAY	A	19:16	19:47	20:20	..	21:07	..	MANDALAY
	D	19:17	19:48	20:21	..	21:08	..	
NOLUNGILE	19:20	19:51	20:24	..	21:11	..	NOLUNGILE
NONKUBELA	19:23	19:54	20:27	..	21:14	..	NONKUBELA
KHAYELITSHA	19:27	19:58	20:31	..	21:18	..	KHAYELITSHA
KUYASA	19:31	20:02	20:35	..	21:22	..	KUYASA
CHRIS HANI	19:35	20:06	20:39	..	21:26	..	CHRIS HANI
LAVISTOWN	18:57	19:37	LAVISTOWN
BELHAR	19:01	19:41	BELHAR
UNIBELL	19:04	19:44	UNIBELL
PENTECH	19:07	19:47	PENTECH
SAREPTA	19:10	19:50	SAREPTA
BELLVILLE	19:16	19:56	BELLVILLE