

SIMON'S TOWN - WYNBERG - CAPE TOWN																						
MONDAYS TO FRIDAYS																						
TRAIN NO.	0102	0104	0106	0108	0110	**	0112	0114	0116	0118	0120	0122	**	0126	0128	0130	0132	**	0136	0138	0140	TRAIN NO.
SIMON'S TOWN	04:20		05:11				05:40															SIMON'S TOWN
GLENCAIRN	04:25		05:16				05:45															GLENCAIRN
SUNNY COVE	04:29		05:20				05:49															SUNNY COVE
FISH HOEK	04:32		05:23	05:35			05:52		06:10			06:31	06:42		06:55		07:10	07:20	07:27		07:40	FISH HOEK
KALK BAY	04:36		05:27	05:39			05:56		06:14			06:35	06:46		06:59		07:14	07:24	07:31		07:44	KALK BAY
ST JAMES	04:38		05:29	05:41			05:58		06:16			06:37	06:48		07:01		07:16	07:26	07:33		07:46	ST JAMES
MUIZENBERG	04:41		05:32	05:44			06:01		06:19			06:40	06:51		07:04		07:19	07:29	07:36		07:49	MUIZENBERG
FALSE BAY	04:43		05:34	05:46			06:03		06:21			06:42	06:53		07:06		07:21	07:31	07:38		07:51	FALSE BAY
LAKESIDE	04:45		05:36	05:48			06:05		06:23			06:44	06:55		07:08		07:23	07:33	07:40		07:53	LAKESIDE
STEENBERG	04:48		05:39	05:51			06:08		06:26			06:47	06:58		07:11		07:26	07:36	07:43		07:56	STEENBERG
RETREAT	04:50	05:20	05:41	05:53	06:00		06:10	06:18	06:28	06:36		06:49	07:00	07:07	07:13		07:28	07:38	07:45	07:54	07:58	RETREAT
HEATHFIELD	04:53	05:23	05:44	05:56	06:03		06:13	06:21	06:31	06:39		06:52	07:03	07:10	07:16		07:31	07:41	07:48	07:57	08:01	HEATHFIELD
DIEPRIVIER	04:55	05:25	05:46	05:58	06:05		06:15	06:23	06:33	06:41		06:54	07:05	07:12	07:18		07:33	07:43	07:50	07:59	08:03	DIEPRIVIER
STEURHOF	04:57	05:27	05:48	06:00	06:07		06:17	06:25	06:35	06:43		06:56	07:07	07:14	07:20		07:35	07:45	07:52	08:01	08:05	STEURHOF
PLUMSTEAD	04:59	05:29	05:50	06:02	06:09		06:19	06:27	06:37	06:45	06:51	06:58	07:09	07:16	07:22	07:28	07:37	07:47	07:54	08:03	08:07	PLUMSTEAD
WITTEBOME	05:01	05:31	05:52	06:04	06:11		06:21	06:29	06:39	06:47	06:53	07:00	07:11	07:18	07:24	07:30	07:39	07:49	07:56	08:05	08:09	WITTEBOME
WYNBERG	05:03	05:33	05:54	06:06	06:13		06:23	06:31	06:41	06:49	06:55	07:02	07:13	07:20	07:26	07:32	07:41	07:51	07:58	08:07	08:11	WYNBERG
KENILWORTH	05:05	05:35	05:56	06:08	06:15		06:25	06:33	06:43	06:51	06:57	07:04	07:15	07:22	07:28	07:34	07:43	07:53	08:00	08:09	08:13	KENILWORTH
HARFIELD RD	05:07	05:37	05:58	06:10	06:17		06:27	06:35	06:45	06:53	06:59	07:06	07:17	07:24	07:30	07:36	07:45	07:55	08:02	08:11	08:15	HARFIELD RD
CLAREMONT	05:09	05:39	06:00	06:12	06:19		06:29	06:37	06:47	06:55	07:01	07:08	07:19	07:26	07:32	07:38	07:47	07:57	08:04	08:13	08:17	CLAREMONT
NEWLANDS	05:11	05:41	06:02	06:14	06:21		06:31	06:39	06:49	06:57	07:03	07:10	07:21	07:28	07:34	07:40	07:49	07:59	08:06	08:15	08:19	NEWLANDS
RONDEBOSCH	05:13	05:43	06:04	06:16	06:23		06:33	06:41	06:51	06:59	07:05	07:12	07:23	07:30	07:36	07:42	07:51	08:01	08:08	08:17	08:21	RONDEBOSCH
ROSEBANK	05:15	05:45	06:06	06:18	06:25		06:35	06:43	06:53	07:01	07:07	07:14	07:25	07:32	07:38	07:44	07:53	08:03	08:10	08:19	08:23	ROSEBANK
MOWBRAY	05:17	05:47	06:08	06:20	06:27		06:37	06:45	06:55	07:03	07:09	07:16	07:27	07:34	07:40	07:46	07:55	08:05	08:12	08:21	08:25	MOWBRAY
OBSERVATORY	05:19	05:49	06:10	06:22	06:29		06:39	06:47	06:57	07:05	07:11	07:18	07:29	07:36	07:42	07:48	07:57	08:07	08:14	08:23	08:27	OBSERVATORY
SALT RIVER	05:22	05:52	06:13	06:25	06:32		06:42	06:50	07:00	07:08	07:14	07:21	07:32	07:39	07:45	07:51	08:00	08:10	08:17	08:26	08:30	SALT RIVER
WOODSTOCK	05:25	05:55	06:16	06:28	06:35		06:45	06:53	07:03	07:11	07:17	07:24	07:35	07:42	07:48	07:54	08:03	08:13	08:20	08:29	08:33	WOODSTOCK
CAPE TOWN	05:28	05:58	06:19	06:31	06:38		06:48	06:56	07:06	07:14	07:20	07:27	07:38	07:45	07:51	07:57	08:06	08:16	08:23	08:32	08:36	CAPE TOWN

** Former semi -express train will stop at all stations until further notice

SIMON'S TOWN - WYNBERG - CAPE TOWN																		
MONDAYS TO FRIDAYS																		
TRAIN NO.	0142	0144	0146	0148	0150	0152	0154	0156	0158	0160	0162	0166	0168	0170	0174	0176	0178	TRAIN NO.
SIMON'S TOWN GLENCAIRN SUNNY COVE FISH HOEK		07:46 07:51 07:55			08:19 08:24 08:28		08:54 08:59 09:03				09:28 09:33 09:37	10:02 10:07 10:11		10:52 10:57 11:01	11:43 11:48 11:52		12:42 12:47 12:51	SIMON'S TOWN GLENCAIRN SUNNY COVE FISH HOEK
KALK BAY ST JAMES MUIZENBERG FALSE BAY LAKESIDE STEENBERG RETREAT	07:54 07:56 07:59 08:01 08:03 08:06 08:08	08:02 08:04 08:07 08:09 08:11		08:26 08:28 08:31 08:33 08:35	08:35 08:37 08:40 08:42 08:44	08:53 08:55 08:58 09:00 09:02	09:10 09:12 09:15 09:17 09:19	09:21 09:23 09:26 09:28 09:30	09:33 09:35 09:38 09:40 09:42	09:44 09:46 09:49 09:51 09:53	10:18 10:20 10:23 10:25 10:27	10:44 10:46 10:49 10:51 10:53	11:08 11:10 11:13 11:15 11:17	11:59 12:01 12:04 12:06 12:08	12:25 12:27 12:30 12:32 12:34	12:58 13:00 13:03 13:05 13:07	13:12 13:14 13:17 13:19 13:21 13:23 13:25	KALK BAY ST JAMES MUIZENBERG FALSE BAY LAKESIDE STEENBERG RETREAT
HEATHFIELD DIEPRIVIER STEURHOF PLUMSTEAD WITTEBOME WYNBERG	08:11 08:13 08:15 08:17 08:19 08:21	08:19 08:21 08:23 08:25 08:27	08:25 08:27 08:29 08:31 08:33	08:35 08:37 08:39 08:41 08:43	08:43 08:45 08:47 08:49 08:51	08:52 08:54 08:56 08:58 09:00	09:10 09:12 09:14 09:16 09:18	09:27 09:29 09:31 09:33 09:35	09:38 09:40 09:42 09:44 09:46	09:50 09:52 09:54 09:56 09:58	10:01 10:03 10:05 10:07 10:09	10:35 10:37 10:39 10:41 10:43	11:01 11:03 11:05 11:07 11:09	11:25 11:27 11:29 11:31 11:33	12:16 12:18 12:20 12:22 12:24	12:42 12:44 12:46 12:48 12:50	13:15 13:17 13:19 13:21 13:23	HEATHFIELD DIEPRIVIER STEURHOF PLUMSTEAD WITTEBOME WYNBERG
KENILWORTH HARFIELD RD CLAREMONT NEWLANDS RONDEBOSCH ROSEBANK MOWBRAY OBSERVATORY SALT RIVER WOODSTOCK CAPE TOWN	08:23 08:25 08:27 08:29 08:31 08:33 08:35 08:37 08:40 08:43 08:46	08:31 08:33 08:35 08:37 08:39 08:41 08:43 08:45 08:47 08:49 08:51	08:37 08:39 08:41 08:43 08:45 08:47 08:49 08:51 08:53 08:55 08:57	08:47 08:49 08:51 08:53 08:55 08:57 08:59 09:01 09:03 09:05 09:07	08:55 08:57 08:59 09:01 09:03 09:05 09:07 09:09 09:11 09:13 09:15	09:04 09:06 09:08 09:10 09:12 09:14 09:16 09:18 09:20 09:22 09:24	09:22 09:24 09:26 09:28 09:30 09:32 09:34 09:36 09:38 09:40 09:42	09:39 09:41 09:43 09:45 09:47 09:49 09:51 09:53 09:55 09:57	09:50 09:52 09:54 09:56 09:58 10:00 10:02 10:04 10:06 10:08	10:02 10:04 10:06 10:08 10:10 10:12 10:14 10:16 10:18 10:20	10:13 10:15 10:17 10:19 10:21 10:23 10:25 10:27 10:29 10:31	10:47 10:49 10:51 10:53 10:55 10:57 10:59 11:01 11:03 11:05	11:13 11:15 11:17 11:19 11:21 11:23 11:25 11:27 11:29 11:31	11:37 11:39 11:41 11:43 11:45 11:47 11:49 11:51 11:53 11:55	12:28 12:30 12:32 12:34 12:36 12:38 12:40 12:42 12:44 12:46 12:48	12:54 12:56 12:58 13:00 13:02 13:04 13:06 13:08 13:10 13:12 13:14	13:27 13:29 13:31 13:33 13:35 13:37 13:39 13:41 13:43 13:45 13:47	KENILWORTH HARFIELD RD CLAREMONT NEWLANDS RONDEBOSCH ROSEBANK MOWBRAY OBSERVATORY SALT RIVER WOODSTOCK CAPE TOWN

SIMON'S TOWN - WYNBERG - CAPE TOWN																										
MONDAYS TO FRIDAYS																										
TRAIN NO.	0182	0184	0186	0190	0192	0194	0196	0198	0200	0202	0204	0206	0208	0210	0212	0214	0216	0218	0220	0222	0224	0226	0228	0230	0232	TRAIN NO.
SIMON'S TOWN	13:20		14:00	14:40				15:18			15:56			16:30			17:09				17:48		18:25	19:11	19:43	SIMON'S TOWN
GLENCAIRN	13:25		14:05	14:45				15:23			16:01			16:35			17:14				17:53		18:30	19:16	19:48	GLENCAIRN
SUNNY COVE	13:29		14:09	14:49				15:27			16:05			16:39			17:18				17:57		18:34	19:20	19:52	SUNNY COVE
FISH HOEK	13:32	13:50	14:12	14:52	15:05		15:20	15:30	15:40		16:08	16:20		16:42	16:55	17:10	17:21	17:27	17:38	17:50	18:00	18:12	18:37	19:23	20:00	FISH HOEK
KALK BAY	13:36	13:54	14:16	14:56	15:09		15:24	15:34	15:44		16:12	16:24		16:46	16:59	17:14	17:25	17:31	17:42	17:54	18:04	18:16	18:41	19:27	20:04	KALK BAY
ST JAMES	13:38	13:56	14:18	14:58	15:11		15:26	15:36	15:46		16:14	16:26		16:48	17:01	17:16	17:27	17:33	17:44	17:56	18:06	18:18	18:43	19:29	20:06	ST JAMES
MUIZENBERG	13:41	13:59	14:21	15:01	15:14		15:29	15:39	15:49		16:17	16:29		16:51	17:04	17:19	17:30	17:36	17:47	17:59	18:09	18:21	18:46	19:32	20:09	MUIZENBERG
FALSE BAY	13:43	14:01	14:23	15:03	15:16		15:31	15:41	15:51		16:19	16:31		16:53	17:06	17:21	17:32	17:38	17:49	18:01	18:11	18:23	18:48	19:34	20:11	FALSE BAY
LAKESIDE	13:45	14:03	14:25	15:05	15:18		15:33	15:43	15:53		16:21	16:33		16:55	17:08	17:23	17:34	17:40	17:51	18:03	18:13	18:25	18:50	19:36	20:13	LAKESIDE
STEENBERG	13:48	14:06	14:28	15:08	15:21		15:36	15:46	15:56		16:24	16:36		16:58	17:11	17:26	17:37	17:43	17:54	18:06	18:16	18:28	18:53	19:39	20:16	STEENBERG
RETREAT	13:50	14:08	14:30	15:10	15:23	15:32	15:38	15:48	15:58	16:12	16:26	16:38	16:49	17:00	17:13	17:28	17:39	17:45	17:56	18:08	18:18	18:30	18:55	19:41	20:18	RETREAT
HEATHFIELD	13:53	14:11	14:33	15:13	15:26	15:35	15:41	15:51	16:01	16:15	16:29	16:41	16:52	17:03	17:16	17:31	17:42	17:48	17:59	18:11	18:21	18:33	18:58	19:44	20:21	HEATHFIELD
DIEPRIVIER	13:55	14:13	14:35	15:15	15:28	15:37	15:43	15:53	16:03	16:17	16:31	16:43	16:54	17:05	17:18	17:33	17:44	17:50	18:01	18:13	18:23	18:35	19:00	19:46	20:23	DIEPRIVIER
STEURHOF	13:57	14:15	14:37	15:17	15:30	15:39	15:45	15:55	16:05	16:19	16:33	16:45	16:56	17:07	17:20	17:35	17:46	17:52	18:03	18:15	18:25	18:37	19:02	19:48	20:25	STEURHOF
PLUMSTEAD	13:59	14:17	14:39	15:19	15:32	15:41	15:47	15:57	16:07	16:21	16:35	16:47	16:58	17:09	17:22	17:37	17:48	17:54	18:05	18:17	18:27	18:39	19:04	19:50	20:27	PLUMSTEAD
WITTEBOME	14:01	14:19	14:41	15:21	15:34	15:43	15:49	15:59	16:09	16:23	16:37	16:49	17:00	17:11	17:24	17:39	17:50	17:56	18:07	18:19	18:29	18:41	19:06	19:52	20:29	WITTEBOME
WYNBERG	14:03	14:21	14:43	15:23	15:36	15:45	15:51	16:01	16:11	16:25	16:39	16:51	17:02	17:13	17:26	17:41	17:52	17:58	18:09	18:21	18:31	18:43	19:08	19:54	20:31	WYNBERG
KENILWORTH	14:05	14:23	14:45	15:25	15:38	15:47	15:53	16:03	16:13	16:27	16:41	16:53	17:04	17:15	17:28	17:43	17:54	18:00	18:11	18:23	18:33	18:45	19:10	19:56	20:33	KENILWORTH
HARFIELD RD	14:07	14:25	14:47	15:27	15:40	15:49	15:55	16:05	16:15	16:29	16:43	16:55	17:06	17:17	17:30	17:45	17:56	18:02	18:13	18:25	18:35	18:47	19:12	19:58	20:35	HARFIELD RD
CLAREMONT	14:09	14:27	14:49	15:29	15:42	15:51	15:57	16:07	16:17	16:31	16:45	16:57	17:08	17:19	17:32	17:47	17:58	18:04	18:15	18:27	18:37	18:49	19:14	20:00	20:37	CLAREMONT
NEWLANDS	14:11	14:29	14:51	15:31	15:44	15:53	15:59	16:09	16:19	16:33	16:47	16:59	17:10	17:21	17:34	17:49	18:00	18:06	18:17	18:29	18:39	18:51	19:16	20:02	20:39	NEWLANDS
RONDEBOSCH	14:13	14:31	14:53	15:33	15:46	15:55	16:01	16:11	16:21	16:35	16:49	17:01	17:12	17:23	17:36	17:51	18:02	18:08	18:19	18:31	18:41	18:53	19:18	20:04	20:41	RONDEBOSCH
ROSEBANK	14:15	14:33	14:55	15:35	15:48	15:57	16:03	16:13	16:23	16:37	16:51	17:03	17:14	17:25	17:38	17:53	18:04	18:10	18:21	18:33	18:43	18:55	19:20	20:06	20:43	ROSEBANK
MOWBRAY	14:17	14:35	14:57	15:37	15:50	15:59	16:05	16:15	16:25	16:39	16:53	17:05	17:16	17:27	17:40	17:55	18:06	18:12	18:23	18:35	18:45	18:57	19:22	20:08	20:45	MOWBRAY
OBSERVATORY	14:19	14:37	14:59	15:39	15:52	16:01	16:07	16:17	16:27	16:41	16:55	17:07	17:18	17:29	17:42	17:57	18:08	18:14	18:25	18:37	18:47	18:59	19:24	20:10	20:47	OBSERVATORY
SALT RIVER	14:22	14:40	15:02	15:42	15:55	16:04	16:10	16:20	16:30	16:44	16:58	17:10	17:21	17:32	17:45	18:00	18:11	18:17	18:28	18:40	18:50	19:02	19:27	20:13	20:50	SALT RIVER
WOODSTOCK	14:25	14:43	15:05	15:45	15:58	16:07	16:13	16:23	16:33	16:47	17:01	17:13	17:24	17:35	17:48	18:03	18:14	18:20	18:31	18:43	18:53	19:05	19:30	20:16	20:53	WOODSTOCK
CAPE TOWN	14:28	14:46	15:08	15:48	16:01	16:10	16:16	16:26	16:36	16:50	17:04	17:16	17:27	17:38	17:51	18:06	18:17	18:23	18:34	18:46	18:56	19:08	19:33	20:19	20:56	CAPE TOWN